

Monthly Newsletter

The Positive Place For Kids

El Lugar Ideal Para Crecer

CBGC Serves Hurricane Rita Evacuees

The Trimmier Unit recently transformed from a youth service agency to a local shelter providing services to 100 residents from Houston, Baytown and other areas who were evacuated from their homes due to Hurricane Rita. Evacuees began arriving at the Trimmier Unit on Thursday, September 22 and the last family headed for home on Sunday afternoon. The many children that were using the Club as a shelter did not want to leave because they were having so much fun at the Club. Club staff organized arts and crafts activities for the youth along with providing the youth (and adults) with use of the pool tables and foosball games. Special thanks go out to Judy Parker, Emmadale Vernon and Bobby Grant for their many volunteer hours. Ms. Parker and Ms. Vernon did an awesome job preparing the Club for a shelter, including setting up cots, making facility rule sheets and assisting the evacuees in any way possible. They spent countless hours at the Trimmier Unit during the evacuees stay. Bobby Grant volunteered as the kitchen manager where he prepared and/or served Breakfast, Lunch and Dinner each day. Local Club members were able to attend the Clements Unit and Bigham Unit during the time the Trimmier Unit was turned into a shelter.



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Upcoming Events:

October
National Popcorn Month

October: 10
Computer Classes

October: 20
Lights on After School

YOUTH OF THE MONTH

Bigham Unit
Renee, J

Clements Unit
Devin, M

Exchange Unit
Regina, C

Trimmier Unit
Jose, L

CLUB PICTURES

Hispanic Heritage Month Celebration

September was National Hispanic Heritage Month and special activities were planned for Club Members to help celebrate and learn more about the Hispanic culture. On Thursday, September 22, Trimmier Unit Club members attended a day long celebration of the Mexican Culture. First they made Maracas Musical Instruments and Mexican Flags. Members also had their faces painted in the Arts & Crafts room which helped set the festive mood for the day. The day ended with the children eating Mexican food that was donated by local restaurants. We would like to thank El Chico for the donation of Enchiladas and Taqueria Jalisco for the rice and beans. On Thursday, September 29, youth celebrated the Puerto Rican culture by having a Merengue Dance Competition and making the Puerto Rican flags. Also there was Puerto Rican food donated by La Garita to include Arroz Con Pollo and rice. Ms. Jeanette, CBGC Social Recreation Director, did an excellent job planning Hispanic Heritage Activities. With her guidance and leadership the youth continue to learn even after school is out.



Exchange Teen Center - Assisted YAC

On Sept. 27th the ETC teen's were invited to assist the youth of the (YAC), Youth Advisory Commission, prepare gift bags for the upcoming youth conference on Friday, September 30, 2005. At this event the teens were able to socialize with other youth from different parts of the Killeen and Harker Heights area. The youth of the YAC were invited to a future event to be held at the Exchange Teen Center.



Clements Unit Partnered with City Parks & Recreation

The City of Killeen youth volleyball program is utilizing the gym space at the Clements Unit during the evening hours. Many of these youth were not aware of the programs offered at the Clements Unit until they attended one of their practices. The Boys & Girls Club has increased its youth membership thanks to this wonderful partnership.



Power Hour Educational Enrichment

The Clements Unit staff has incorporated a reading enhancement program into their Power Hour where the staff read books of interest to youth members and also has a question/answer period to better understand the context of the books. Also, during power hour the staff works one on one with the youth to help with homework and studying. The Clements Unit works hard to instill education as well as fun as a part of our after school program.



:CRISPY CINNAMON SNACK MIX:

Ingredients:

- 4 Cups bite-size crispy wheat squares cereal
- 1/3 Cup LAND O LAKES Butter, melted
- 2 Teaspoon sugar
- 1 Cup raisins
- 1 Cup candy-coated milk chocolate pieces
- 1 (12-ounce) jar dry roasted salted peanuts

Instructions:

Stir together cereal and butter in large bowl . Sprinkle sugar and cinnamon evenly over cereal. Stir in all remaining ingredients. Store in tightly covered container or resealable plastic food bag.

Nutrition Facts (1Serving):

Calories:	340	Sodium:	85mg
Fat:	20g	Carbohydrates:	35g
Cholesterol:	15mg	Protein:	8g

75% Club at the Bigham Unit

Members of the Bigham Unit were named to the 75 percent club. In order to have qualified for the 75% club, members had to be at the club at least 75% of the month of September. Members Yasaman, Ashley, Akeem, Sam, Branden, Kody, Jamila, Jamal, Adrianna, Charles, and Renee were at the club at least 19 of the 25 days the club was open for members during September. Member Yasaman had perfect attendance for the whole month of September. Members that qualified received a pizza party.

Upcoming Club Activities:

Annual Halloween Carnival & Costume Contest



On October 29, 2005 the Bigham and ETC Unit will be hosting a second annual Halloween carnival and costume contest. This event will begin at 2pm and run until 6pm. This event will be open to the public. There will be various games and a cake walk that will lead up to the costume contest being held at 5pm. So, break out your scariest, funniest, and most original costumes and come join in the fun. For more information please contact Jamieson Preston, Exchange Teen Center Director, (254)699-5808 Ext.106.

UPCOMING STAFF BIRTHDAYS

Gabriel Ortiz, October 3

Keishawana Johnson , October 6

Linda Mize, October 9

Adriana Hidrovo, October 15

Marie Lee, October 16

Leila Shumway, October 27

Lights on After School

Lights On Afterschool!

Ms. Jeanette Ortiz, Social Recreation Director, is working on National Lights on Afterschool day which will be held October 20 at the Trimmier Unit. This day celebrates all after school programs including Boys & Girls Clubs, YMCA and Communities in Schools to mention a few. The Trimmier Unit will have a Family Night at the Club starting at 5:00pm and activities planned so far include special arts and crafts projects, Parent/Child game room tournaments and Pizza and drinks for all who attend.



CBGC - Natatorium

As October approaches the Natatorium looks forward to many exciting events. We will be hosting several swim meets through out the season, the first being Tuesday October 11th at 5:30 PM including LBJ, Mcallum, Killeen and Ellison High school. Swim lessons are being offered Saturday mornings from 9 AM-10 AM. Open swim for the public and club members is every Saturday from 10 AM- 2 PM. We are currently offering thirteen different Aqua Aerobics programs for adult and seniors through out the week as well as open lap swim times. We have significantly increased our memberships this fall and look forward to a healthy and happy winter season.

For upcoming events or for general information please call: (254) 699-5808

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