



**Clements Boys & Girls Clubs**  
<http://www.cbgclub.org>

Member Organization of



## Monthly Newsletter

**The Positive Place For Kids**

**El Lugar Ideal Para Crecer**

### Town Hall meeting with Councilman Wilkerson



Thank you parents, staff and board members for attending the 1<sup>st</sup> ever Town Hall Meeting at the Trimmier Unit. We are very appreciative to Councilman Wilkerson for hosting this Town Hall Meeting at our Club. There were over 50 people in attendance including Mayor Maureen Jouett. Many parents and staff spoke on issues related to a new Boys & Girls Club in North Killeen and a new Senior Citizens center in Lions Park. The Boys & Girls Club has asked the City of Killeen to build a unit in North Killeen so the Club can provide services to a currently under served area. For more information on how you can help the Club pursue a North side Unit, call Deputy Chief Professional Officer, Stacy Ross at 634-0308 Ext: 102.

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#### Upcoming Events:

**August: 8**  
Club Closed for Summer Break

**August: 15**  
Club reopens from Break

**August: 15-25**  
Football Registration

**August: 15-25**  
Cheerleading Registration

#### After School Hours:

**Monday - Friday**  
**3:00 PM - 8:00 PM**

**Saturday**  
**10:00 AM - 3:00 PM**

### The Sea Wolf

Three teens from the Bigham Unit built a Lego submarine ship named the Sea Wolf. The three teens were Bruce, Chris, and Charles. They finished their project within a week as a result of their great teamwork. The inside of the submarine has many impressive levels, men, and is very detailed. We received 10 different lego sets, all of which the kids will work on building.



### Bigham Unit Experiences Fire Safety House



On Thursday, July 21, 2005 the Fort Hood Fire Department made a special visit to the Bigham Unit. The Firemen explained the do's and don't of fire safety in your home. They explained how metal shouldn't be in the microwave, to keep the stairway clear of objects, and how to deal with electrical appliances that end up in the sink! Next, the firemen explained that in case they are ever in a fire, to get down on the floor because that is where there is the least smoke. Then we had white smoke (unlike black smoke is not harmful when inhaled) come into the room, the kids all got on the floor, went out a window of the Fire Safety House, and safely climbed down a latter. 34 kids and 4 staff members all went through the Fire Safety House. The Bigham Unit wants to thank the Fort Hood Fire Department for coming out and teaching us about safety.

### REGISTRATION

**Tackle Football**  
&  
**Cheerleading**

#### Requirements:

- \* Current 2005 membership
- \* \$55-Football or \$20-Cheerleading
- \* Proof of Residency
- \* Proof of Age

### Blast to the Past



Friday, July 22<sup>nd</sup> was the Bigham Unit's 2<sup>nd</sup> Annual Talent and Performance Show. All the performances were terrific! The crowd especially liked Shawnta's performance as Michael Jackson in *Billy Jean*. Ta-Shawn made a special appearance during this performance. However, the best dressed group had to have been The Temptations, made up of Lamont, Nathan, Chris, and Corey, whom sang *My Girl*. The Blast to the Past was a success; there was juice, cookies, and great entertainment.



### CTCADA Partners with CBGC

The Central Texas Council on Alcoholism and Drug Abuse (CTCADA) has taught numerous drug prevention classes at the Clements B&GC this summer. This is a program that is provided during the summer months at no extra charge to club members. CTCADA provides a staff member that instructs the program in an assembly format to separate age groups.

#### :FOR MORE INFORMATION:

254-634-0308 Ext:102  
<http://www.cbgclub.org>

## Consumer Education Class for Teens

A new nationwide program from the council of Better Business Bureau involves teaching wise consumer practices to teens in military communities. Three BBB employees from the bureaus headquarters in Arlington, VA., kicked off the program in Killeen teaching youth about identity theft, cell phones and credit. Carol Stuart, Jennifer Rowley, and Holly Petraeus taught two classes at the Clements Boys & Girls Club Trimmier Unit. In a lesson on identity theft, children filled out entry forms at the beginning of the class for the chance of winning an iPod shuffle (a portable mp3 player), plus a \$15 gift card to download songs. In the first class, 17 of the 27 children divulged their Social security numbers, while 24 gave their addresses and 26 gave their date of birth, phone number and parent or guardians name.

When it was time for the drawing, the adults educated the teens. "Don't ever give that stuff out" Stuart Said. The winners of the drawings did get to keep their prizes, donated by Fort Hood National Bank. At the end of the class, each form was returned to the teens, and they shredded them in a document shredder as they left the room.



Stuart said that the average consumers credit score is between 500 and 800, and the higher the score the better. She advised the youngsters to check their credit reports once per year.

The youngsters received numerous prizes for getting correct answers, including dollar bills, notepads, magnets, calculators and other items. The

Wallace group, which owns Hollywood Theaters in Killeen, also donated 40 movie tickets.

## Power of Choice

A motivational group from the Ft. Worth area focused on improving our youth, held assemblies at the Trimmier Unit and Bigham Unit.



Dr. Scott Cressman

The Power of Choice is a program where a group of counselors and motivational speakers travel around the country teaching young people about Leadership, Self-Esteem, Hope, positive decision making and peer pressure. Dr. Scott Cressman, founder and President of Power of Choice and a former Green Bay Packer, spoke to our teens about making responsible decisions. His friend and co-worker, James Henderson, a 5 time World Champion Weightlifter and Guinness Book - World's Strongest Man, also spoke to the teens about following the right path and staying out of trouble. They both used stories that teens could relate to and we look forward to a continued partnership with this amazing group.



Mr. James Henderson

## Baby: Think It Over



Thanks to the Bluebonnet Girl Scout Council, our teens were able to participate in the Annual Baby: Think it over program July 13-15. The Girl Scouts provide the teens with simulated babies that keep computerized reports of how well they were taken care of. These simulated babies actually cry (very loud) when they need to be fed or changed. The goal of the program is to prevent teen pregnancy by educating teens that caring for a baby is not all fun and games. Contact Ms. Marie Johnson at the Trimmier Unit if you would like your teen son or daughter to register for this program.

**For upcoming events or for general information please call: (254) 699-5808**

**Woodrow Hall**, Chief Professional Officer

**Stacy Ross**, Deputy Chief Professional Officer

**Calvin Darthard**, Director of Operations

**Marie Johnson**, Program Director

**Jamieson Preston**, Unit Director

**Sundae Hein**, Director of Pool Operations

**Abdul Subhani**, Director of Technology

**:BROWNIE MIX IN A JAR:**

### Ingredients:

- 1 1/4 cups all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon salt
- 2/3 cup unsweetened cocoa powder
- 2 1/4 cups white sugar
- 1/2 cup chopped pecans

### INSTRUCTIONS:

Mix together flour, baking powder, and salt in a quart jar. Layer remaining ingredients in the order listed. Press each layer firmly in place before adding the next layer.

NOTE: Be sure to wipe out the inside of the jar with a dry paper towel after adding the cocoa powder, so the other layers will show through the glass.

Preheat the oven to 350 degrees F (175 degrees C). Grease and flour a 9x13inch baking pan. 2. Empty jar of brownie mix into a large mixing bowl, and stir to blend. Mix in 3/4 cup melted butter and 4 eggs. Mix thoroughly. Spread batter evenly into prepared baking pan. 3. Bake for 25 to 30 minutes in preheated oven. Cool completely in pan before cutting into 2 inch squares.

### UPCOMING STAFF BIRTHDAYS

Marty Messier, August 05

Jennifer Solis, August 12

Sharon Kirksey, August 13

Stacy Espitia, August 15

Ashley Miller, August 17

Angela Whitney, August 21

Chrystal Monroe, August 22

Carlos Lopez deVictoira, August 25

Keri Clark, August 30

